



NEK-CAP, Inc. Agency Strategic Plan

12/01/2022 - 11/30/2027

Board Approval Date: 11/17/2022

Revised Board Approval Date: 11/13/2025



Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

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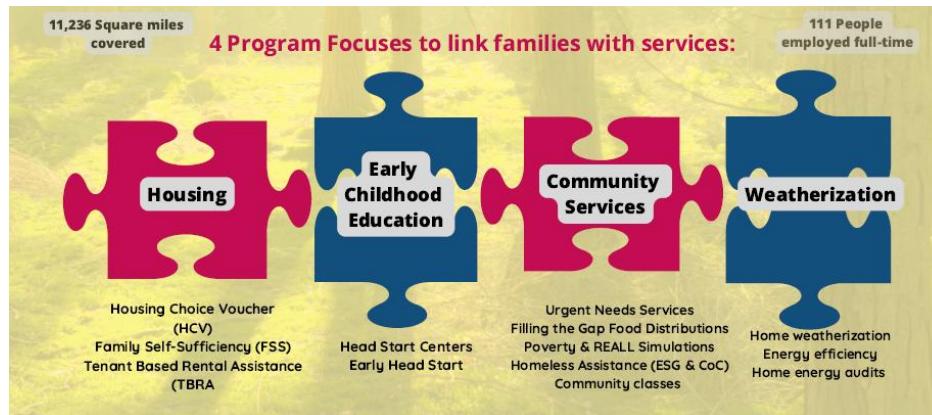
*Note-This map reflects the 16 Counties covered by NEK-CAP, Inc. through CSBG funding, and also includes the counties served by all other funding sources, with the exception of Shawnee County, which will also be covered by Weatherization starting in 2026.

NEK-CAP, Inc. Mission

We provide comprehensive education and social services to low-income community members through collaborative partnerships focused on promoting the development of individuals and families, empowerment, and economic security.

NEK-CAP, Inc. Vision

One by one all individuals, families, and communities become self-reliant.



NEK-CAP, Inc. Values

Respect: We value all staff and communities' perspectives by being accepting, considerate, attentive, encouraging, and appreciative.

Collaboration: We seek partnerships that create social and economic mobility through unity of purpose.

Integrity: We will demonstrate the highest standards of truthfulness and ethical conduct.

Professionalism: We are committed to achieving the highest quality measurable outcomes for families, serving the best interest of the community and demonstrating professional excellence.

Stewardship: We honor our fiduciary responsibilities for the resources entrusted to us and provide full transparency and accountability to all interest parties.

Innovation: We are dedicated to continual advancement through new ideas, methods and opportunities for the future sustainability of the organization.

Strategic Priority Areas

Family – Build Human, Social & Economic Capital

- Move Individuals & Families to Self-Sufficiency
- Integrated Services (Partnerships, Referrals, & Communication)

Community - Community Engagement & Collaborations

- Barriers to Economic Mobility Awareness & Response

Agency Capacity Building - Staff Development, Wellness and Retention

- Financial Sustainability
- Board Development & Engagement

Balanced Scorecard with Goals, Strategies & Strategy Measures

Family Goal #1

NEK-CAP, Inc. will offer a strong foundation for individuals and families moving towards self-resiliency based upon increased economic mobility and social connectedness opportunities.

Family Goal 1 Objective 1.1 - Individuals & families will demonstrate positive movement through the utilization of programmatic Self Sufficiency tools or specific programmatic standards.

Strategy 1.1A -

Year 1 – Analyze individualized advocacy and case management/coaching services from a science-based and human-centered data perspective.

Year 2 – Explore options for addressing social determinants through integrated services.

Year 3 – Implement/evaluate identified key service delivery processes to better serve individuals and families through advocacy and case management/coaching.

Year 4 – Programs, where appropriate , will implement a Whole Family Approach model of service delivery moving from a crisis to a stabilization model.

Year 5 - Ongoing data analysis and evaluation of each program will be employed to determine effectiveness and potential programmatic changes within applicable regulations.

Outcome/Target

Individuals and families will demonstrate a 5% positive movement based on Self Sufficiency tool and/or programmatic standards where measured.

Family Goal 1, Objective 1.2 - Staff will share program or community events & opportunities and document referrals and success.

Strategy 1.2A -

Year 1 – Analyze internal/external referral processes for social & economic connections, create baselines for storytelling.

Year 2 – Staff will share success stories/impacts quarterly and analyze areas of connections needing addressed/improved.

Year 3 – Evaluation of implemented systems will be analyzed and refined as determined to increase economic and social connections.

Year 4 – Evaluate staff to participant communication processes and staff referral systems.

Year 5 – Develop economic and social connectedness hub.

Outcome/Target

Staff will demonstrate a 10% increased economic and social success and/or referrals per year.

Family Goal #2

NEK-CAP, Inc. will strive to provide individuals with hope and growth opportunities to thrive.

Family Goal 2, Objective 2.1 - Staff will provide opportunities to individuals and families that promote positive experiences, resiliency, education and foster well-being.

Strategy 2.1 A-

Year 1 – Develop measurement tools/processes for resiliency and well-being, create baseline.

Year 2 – Evaluate and compare civic engagement measurements to program and community opportunities.

Year 3 – Implement/evaluate identified processes.

Year 4 – Develop and implement participant resiliency and well- being survey and educational resources.

Year 5 – Evaluate effectiveness and reassess processes/resources.

Outcome/Target

10% of individuals and families participating in programmatic measurements will report improved resilience and well-being

Community Goal #1

NEK-CAP, Inc. will strengthen community engagement and collaboration that actively promotes addressing economic mobility in its service area.

Community Goal 1, Objective 1.1 Staff will continue to participate in community partnerships and build upon collaborative efforts to assist individuals & families with low incomes to by addressing economic mobility barriers.

Strategy 1.1A-

Year 1 – Assess current external partnerships aligned with agency's mission and values to determine community-level strengths and gaps.

Year 2 – Based on Community Needs Assessment, join existing and/or form new partnering opportunities addressing identified needs.

Year 3 – Facilitate enhanced outreach, community engagement, and volunteer/donation opportunities.

Year 4 – Evaluate implemented strategies for increased opportunities.

Year 5- Evaluate strategy effectiveness and assess potential opportunities.

Outcome/Target

Create at least 3 new strategically aligned partnerships per year.

Community Goal 1, Objective 1.2 – NEK-CAP, Inc., will explore and participate in innovative approaches and new partnerships driven by community-informed and designed through participant input in the communities the agency serves.

Strategy 1.2A -

Year 1 – Explore innovative youth-based programs based on youth and parents with lived experience/involvement, create baseline.

Year 2 – Explore senior-based programs based on seniors with lived experience/involvement, create baseline.

Year 3 – Implement identified programs using Whole Family Approach where applicable.

Year 4 – Continue ROMA assessment, planning and implementation of proposed strategies.

Year 5 – Evaluate processes for continuous improvement.

Outcome/Target

10% improved outcomes for youth and seniors across social determinants of health.

Agency Goal #1

NEK-CAP, Inc. will enhance its capacity to achieve results and promote a cohesive, supportive work environment.

Agency Goal 1, Objective 1.1 – NEK-CAP, Inc., will focus on the promotion of staff retention and well-being.

Strategy 1.1A –

Year 1 – Develop staff wellness committee & identify outcomes, create baseline.

Year 2 – Review and evaluate wellness data.

Year 3 – Reassess & define wellness outcomes.

Year 4 – Promote opportunities for improving mental health.

Year 5- Evaluate strategies implemented for effectiveness, utilization and continuous improvement.

Outcome/Target

10% increase staff reports of improved wellness

Agency Goal 1, Objective 1.2 – NEK-CAP, Inc., will increase opportunities for networking across programs to increase cross-department communication by utilizing an efficient internal referral system.

Strategy 1.2 A–

Year 1 – Staff will receive training on how to complete and follow-up on referrals in CAP60.

Year 2 – Review referral data, reinforce training, and modify processes as needed.

Year 3 – Continue assessment of referral processes through data, reinforce training and modify processes as needed.

Year 4- Implement new COPA database.

Year 5 – Evaluate effectiveness of COPA database, modify where needed to improve internal referral system.

Outcome/Target

Interagency referrals are increased 25% each year.

Strategy 1.2B -

Year 1 – Develop feedback link for successes/concerns/complaints, etc., and develop scheduled Executive Leadership meetings to create baseline.

Year 2 – Review feedback data, modify processes, as needed.

Year 3 – Continue review of feedback data, modify processes, as needed.

Year 4 – Assess the use of AI to promote feedback and other communication options.

Year 5 – Evaluate all tools utilized to promote a supportive communications work environment.

Outcome/Target

Staff feedback will demonstrate 10% increased positive communication each year.

Agency Goal 1, Objective 1.3 – NEK-CAP, Inc. will effectively identify training needs, ensure staff development provides high quality outcomes and increase opportunities for innovation and capacity building.

Strategy 1.3A -

Year 1- Develop scheduled and intentional trainings and measurement tools for supervisor/manager skills, create baseline.

Year 2 – Review supervisor/management feedback vs. staff retention and feedback, modify training schedule and modules, as needed.

Year 3 – Review supervisor/management feedback vs. staff retention and feedback, modify training schedules and modules, as needed.

Year 4 – Survey line staff and supervisors/management for ongoing training and implement strategies based on feedback.

Year 5 – Evaluate effectiveness of supervisor/management training related to improved employee relations.

Outcome/Target

Supervisors/managers demonstrate 10% improved skills, understanding/knowledge as measured in pre/post tests.

Strategy 1.3B –

Year 1 – Review scheduled and intentional trainings and measurement tools for front-line staff, create baseline.

Year 2 – review staff feedback vs. staff retention rates, modify training schedules and modules, as needed.

Year 3 – Review staff feedback vs. staff retention rates, modify training schedules and modules, as needed.

Year 4 – Assess effectiveness of implemented training modules.

Year 5 - Evaluate effectiveness of line staff trainings.

Outcome/Target

Staff retention will increase 10% each year.

Strategy 1.3C –

Year 1 – Research and explore evidence-based/innovative program models to develop increased agency capacity for meeting community needs.

Year 2 – Implement at least one new evidence-based/innovative program model, create baseline.

Year 3 – Review and assess program data to modify program as needed.

Year 4 – Re-evaluate community needs and implemented strategies.

Year 5 – Train staff on effective program models demonstrated to improve community impact and evaluate post implementation.

Outcome/Target

Program data reflects 10% increased agency impact in communities.

Agency Goal #2

NEK-CAP, Inc. Board of Directors will strive for excellence and innovative approaches in governance.

Agency Goal 2, Objective 2.1 – The Board of Directors will create a diverse and innovative approach to funding and overall infrastructure capital plan.

Strategy 2.1A –

Year 1 – Facilitate fund development plan to increase revenue streams.

Year 2 – Explore identified revenue opportunities.

Year 3 – Implement new sources of revenue.

Year 4 – Explore *Make America Healthy Again* (MAHA) funding options and unrestricted opportunities to increase agency capacity.

Year 5 – Continue to assess funding opportunities and evaluate revenue streams implemented.

Outcome/Target

Board of Directors will explore 3 new funding streams per year to increase program capacity.

Agency Goal 2, Objective 2.2 – The Board of Directors will become agency champions and ambassadors.

Strategy 2.2A –

Year 1 – Board of Directors will demonstrate general knowledge and programs and services by participating in annual training from program directors.

Year 2 – Board of Directors will develop communication to share with broader community.

Year 3 – All Board of Directors will complete Board orientation every 2 years.

Year 4 – Board of Directors will advocate for all the agency's programs at the local, state and federal levels.

Year 5 – Board of Directors will participate in community events and demonstrate knowledge of agency impact.

Outcome/Target

Board members will be able to discuss 5 agency programs as measured in pre/post training surveys.

Strategy 2.2B –

Year 1 – Leverage Board expertise by identifying what expertise each member will commit beyond regular meeting annually.

Year 2 – Develop Board succession plan.

Year 3 – Review Board succession plan annually or as needed.

Year 4 – Support Executive Director with Board recruitment by building a pipeline of potential members.

Year 5 – Evaluate Board effectiveness in growing agency capacity through ongoing communication, fundraising and advocacy.

Outcome/Target

Board members will volunteer expertise 10 hours/year.

Methodology

The NEK-CAP, Inc. Agency Strategic Plan for 2022-2025 has been a process of several months' of planning, data collection, and discussion. In preparation for the planning process, a questionnaire was sent to several potential facilitators in order to compare facilitation styles and proposed budgets. Willem F. van Klinken, an associate with The Bloch School of Management, was chosen and plans were started to begin scheduling strategic planning meetings with the facilitator and the strategic planning team. The strategic planning team included the Executive Director, the Community Services Director and the remainder of the Executive Leadership team. Invitations were also sent to the Multi-County Board of Directors and the Head Start Policy Council.

SWOT (Strengths, Weaknesses, Opportunities, Threats) surveys were sent to the Multi-County Board of Directors, the Executive Leadership team, the Head Start Policy Council, and all agency staff via emails with information about the survey, the process, and a direct link to the survey. In addition, a link to the SWOT survey was also provided to the community via Facebook and the website for further community input. Each group received the same set of SWOT questions in a digital Microsoft Forms format which allowed for collection of answers and then further analysis. Over 40 responses were received from the combination of groups, and answers were compiled into a summary for further review. Word maps to highlight common themes and ideas were created for the Strategic Planning groups to review along with the compiled answers (see Appendix D)

In August, the facilitator presented to the Multi-County Board of Directors a training on the Strategic Planning process and welcomed board members to participate in the upcoming meetings. The mission, vision, and values of the agency were also reviewed, and board members were asked to consider if they had any input into updates of the agency's values. Because the mission and vision statements were recently updated in 2021 by the board, those statements will not be reviewed during this planning phase. The following week, the first Strategic Planning session was held in Leavenworth at the public library. Invited to the meeting were the Multi-County Board of Directors, the Head Start Policy Council, and the Executive Leadership team. Results were compiled and presented to the Multi-County Board in September. A follow-up meeting via Zoom was held the following week which gave community partners and members an opportunity to join the discussion and provide further input. Those resulting goals, strategies, and measures have been included into the balanced scorecard.

In reviewing information from the past several years, there were no significant changes noted in the data. Programmatically, the agency has re-acquired the Weatherization program which has begun serving a total of eight counties, including Shawnee County which will start in January, 2026. The agency has decided to continue the current Strategic Plan until 2027 in order to re-align with the Community Needs Assessment timeline which will be conducted in 2026.

Data considered during the planning and evaluation process:

- National Theory of Change (Appendix A)

- 2017-2022 Extended Strategic Plan
- 2020 Community Needs Assessment (Summary in Appendix B)
- 2023 Community Needs Assessment
- Customer satisfaction data collected during 2021 and 2022 (Appendix C)
- Head Start data and 2022 Strategic Plan information and findings
- Unmet Needs data collected from North Central Kansas Counties
- Agency CSBG mid-year data from 2021-2022
- Agency CSBG annual report data from 2020-2021
- SWOT data from staff, board, Executive Leadership team, Head Start Policy council, and community
- 2023-2024 Year in Review (Appendix E)

Appendix A: NEK-CAP, Inc. & the Theory of Change



Our opportunities for engaged volunteers:

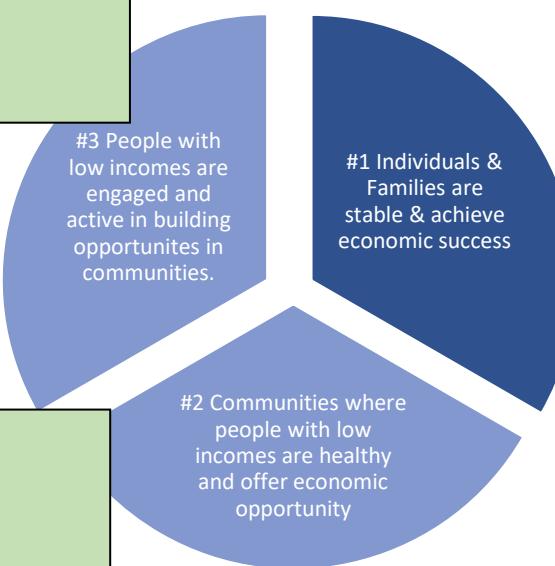
Head Start Policy Council
 Low-Income Rep on Multi-County Board of Directors
 Parent Committees
 Advocacy for programs
 Poverty Simulations
 REALL Simulations
 Volunteers for centers, activities, etc

Our services that promote stabilization & growth:

Basic Needs/Emergency Services-United Ways, Local Donations
 Housing services-Housing Choice Voucher, TBRA rental assistance
 Homeless services-CoC and ESG rental assistance
 Head Start & Early Head Start early education and school readiness

Our community contributions:

Marketplace Navigator assistance
 Filling the Gap food distributions
 Car seat safety education
 Local community groups to address community needs



Appendix B: Community Needs Assessment Summaries

2020 Community Needs Assessment-Agency Summary

The 2021-2023 Community Needs Assessment was conducted during the COVID-19 pandemic of 2020 and without access to the 2020 Census data.

Based on responses to the NEK-CAP, Inc. survey provided in the spring of 2020, available quantitative data and virtually conducted qualitative focus groups held during the fall of 2020 the following areas were identified as key causes and conditions of poverty in the agency's service area: lack of living wages, workforce readiness and economic mobility opportunities; lack of affordable childcare; insufficient affordable housing; food insecurity; chronic health conditions and mental health service needs; inability to access affordable health care; few transportation resources; limited consumer financial knowledge; an increasing homeless population; and a growing digital world which requires access to affordable and appropriate broadband internet infrastructure/services.

NEK-CAP, Inc. utilizes all agency resources available to address identified needs and will continue to work toward more aligned and collaborative partnerships across the region and at the state and federal levels to improve programmatic efficiencies and an integration of policies to improve the lives of our fellow Kansans living in poverty.

Of the 180 survey responses, the agency received from 13 of the 16 counties served by NEK-CAP, Inc. 83.33% were white, 29.44% were between the ages of 30-39 and the largest number of respondents were from Atchison county. 91.11% were female and 8.89% were male – this is of the total 180 respondents.

Race – American Indian – Alaska Native – 2.22%
Asian or Asian American - .56%
Black or African American – 2.78%
Native Hawaiian or other Pacific Islander - .56%
Non-Hispanic White or Caucasian – 83.33%
Latino or Hispanic – 2.22%
American Indian or Alaska Native and White – 1.67%
Asian and White – 4.44%
Black or African American and White – 1.11%
Other race combinations – 1.11%

3 of 180 respondents are staying with friends/family
1 homeless respondent and 5 other includes renting to own, living in a mobile home park, etc.

Access to Affordable Child Services

92.19% of the respondents are the primary caretaker.
Over 47% of the respondents are a two parent
89.01% of the respondents have dependable childcare providers
15.92% have lost a job due to the lack of dependable childcare

Barriers to Employment

Lack of childcare – 19.51%; Lack of skills/education – 4.88%; Lack of transportation – 9.76%; Layoff downsizing – 4.88%; Learning or developmental disability – 2.44%; Mental health problem – 9.76%; Permanent physical disability – 12.20%; Unaccompanied youth – 4.88% and Other health issues – 9.76%

112 of the 180 respondents are married.
120 respondents have minor children under the age of 18.

Access to Affordable Housing

115 of 180 respondents (63.89%) own their home
56 of 180 respondents (31.11%) rent their home

160 of 180 have internet access at home

71 of 180 respondents are living in poverty at the time of the survey

97 of 180 Respondents do not receive any assistance

Respondents in need of help with the following things:

3 anger control, 2 caregiver support, 8 couples communication, 16 depression, 4 family conflicts, 3 problem solving, 5 parenting classes, 5 personal problems, 10 goal setting, 10 PTSD, 8 self-esteem, 2 spouse or child abuse, 4 thoughts of suicide, 5 trauma, 2 victimization and 141 with no need in this area and 2 with other needs.

Where respondents get their food

billions Hiawatha food pantry town Wal-Mart Country mart
local grocery store local grocery store
Hyvee Walmart Ray Apple Market store Sam club
Aldi harvest Dillons Wal Mart Alps

Demographics

NEK-CAP, Inc.'s service area is made up of one urban county – Leavenworth; one semi-urban county – Riley; four densely settled counties – Atchison, Jackson, Jefferson, Pottawatomie; six rural counties – Brown, Marshall, Mitchell, Washington, Republic, Nemaha; and three frontier counties – Jewell, Osborne, and Smith.

Demographic Trends

Trends affecting NEK-CAP, Inc.'s Service Area are:

1. In five of NEK-CAP, Inc.'s eleven counties, the population is decreasing.
2. Pottawatomie and Riley county have increasing numbers 29.30% and 19.82% respectively. This is largely due to the new National Bio and Agro-Defense Facility to be fully operational in December 2022.
3. The area has more females over 64 years of age than males because females life expectancy is longer.

Federally Qualified Health Centers

In NEK-CAP, Inc.'s services area of 16 counties the following counties have a Federally Qualified Health Center -

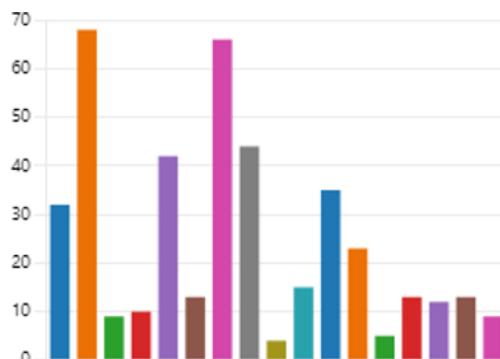
Atchison Community Health Clinic 1412 N 2nd Atchison

Konza Prairie - Riley County Manhattan Clinic 2030 Tecumseh Rd
Manhattan

Wathena Medical Center – 324 St. Joseph Street Wathena

2023 Community Needs Assessment-Agency Summary

Topics Identified as High Needs from Survey



In Summary, Key Findings

More Housing Options 79%

Daycare options 77%

Jobs with living wages 51%

Accessible mental health 49%

Long-term job seekers/employees 41%

Common responses between county focus groups and survey responses demonstrate that regardless of how community members and stakeholders participated in the 2023 Needs Assessment, they have similar interests and concerns for their areas. All county focus groups

have identified housing, daycare, mental health, and employment issues as areas of concern, but also areas that could potentially be addressed and improved. None of these topics are easily fixed with one simple solution but will instead need partnerships and intention from community members and stakeholders who are invested in their county's needs.

Not only do each of these topics stand alone in having several factors that feed into them, but they also intertwine in several ways to impact families who are living in poverty. Employment can be affected by a lack of housing, while obtaining housing may be difficult if a household does not have income. Jobseekers need to be healthy enough to find and attend work regularly, but without insurance or the ability to pay medical bills, employees may not be able to attend to their healthcare. In addition, if households are unable to afford healthy foods such as meat and produce to meet basic nutritional needs, their risk for increased health issues such as heart disease, obesity, and cancer can increase. Add in that a lack of availability for healthcare and mental healthcare resources impacts families even farther. For some populations who experience increased barriers to basic needs because of race, ethnicity, housing status, etc, all of these factors can be even more detrimental.

NEK-CAP, Inc. programs and staff work to continually create partnerships throughout the sixteen counties in order to increase awareness, communicate needs of the families we serve, and combat the causes and conditions of poverty. As an agency, we have worked with schools, hospitals, healthcare clinics, mental health providers, utility providers, local churches, local government officials, landlords, property managers, and other providing agencies such Catholic Charities, Second Harvest, Kansas Food Bank, and staff from various Department of Children and Families (DCF) programs. These working partnerships will continue to be a valuable asset as the agency looks at how to further develop services in the future.

The Strategic Plan that was updated in 2022 lists several goals for family and community level work. Goals include:

- ❖ Working with families to provide appropriate referrals; give information to families about opportunities that promote positive experiences, improved education, and/or foster the family's well-being.
- ❖ Continue community partnerships and build new collaborations
- ❖ Increase capacity and funding at the agency level to continue offering and building new options of programs and services for families.

While the agency already provides several types of services including early education, rental assistance for housing and homelessness, safety net services for emergency payments, and various learning opportunities, we will need to continue looking to expand or update our services to meet local needs. An example of one expansion has been the recent partnership with Kansas University's health initiative, Community Organizing to Promote Equity (COPE) which has helped to provide Community Health Workers in Brown and Jackson County. These workers have helped over 80 households identify and access local health services to meet their individual needs, while also accessing other local services for needs such as housing. With the increasing needs for healthcare and mental healthcare access, whole family approaches to services, and housing

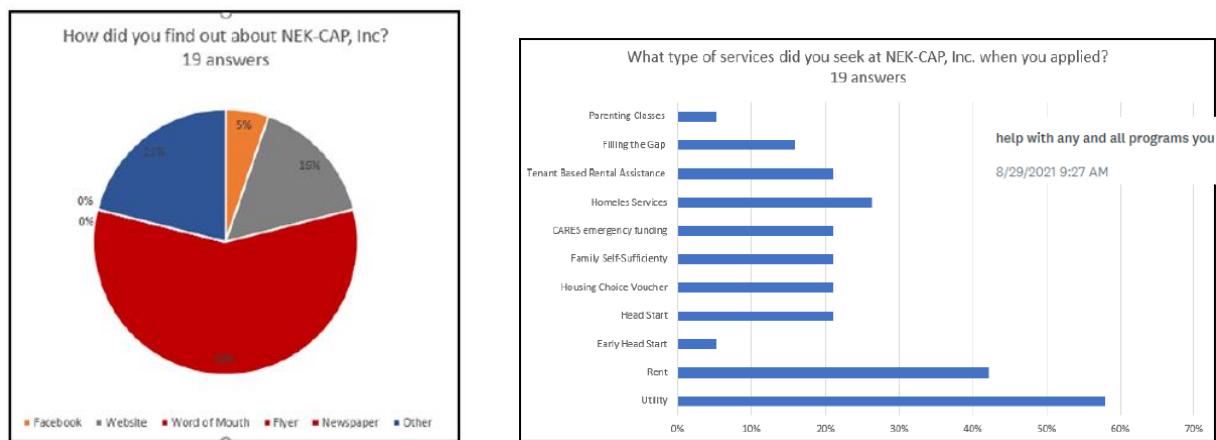
instability services, NEK-CAP, Inc. will need to continue looking into opportunities and funding that will address the key areas of concern. NEK-CAP, Inc. will also continue to cultivate and promote community-level partnerships to help build stronger foundations for programs. New partnerships and involvement from other stakeholders, local units of government, state legislators, and interested community members who have not been involved will be important to help build a stronger network of support for individuals and families.

Appendix C: Customer Satisfaction & Program Utilization

November, 2021 Customer Survey Results Data

General customer service, 19 survey completed.

Most respondents heard about NEK-CAP, Inc. through Facebook. Most services respondents applied for were assistance with rent and/or utilities.



July, 2022 Customer Survey Results Data

General customer service, 97 surveys completed

Top services applied for in kiosk-utilities and Head Start. Note-applicants for HCV/TBRA programs do no see satisfaction survey unless they complete the Survey Monkey link through social media/website.

Answers came from Atchison, Jefferson, Leavenworth and Marshall counties mostly 92% felt that application was easy to use.

86% felt that agency could potentially meet their needs

100% would recommend services

HS/EHS family surveys-63 responses

92% felt valued as parents and respected

81% felt visits/classrooms were well planned

82% felt there were clear communication

87% felt opportunity to participate in education

85% enjoyed relationship with NEK-CAP, Inc. staff
82% felt program helped family find available resources/provide referrals
90% reported child enjoyed the experience

January, 2025 Customer Survey Results Data

Survey Results Data

General customer service-this link will need to be revised due to new data system

HS/EHS family surveys-101 responses-previously shared by Director with infographic

100% parents/caregivers said staff responded to questions timely
99.3% stated staff helped set goals for their family
94% know the school readiness goals
71% felt engagements and socializations are offered at a convenient time
59% noted they prefer information via text

Community Services surveys-2 responses

Both were for Urgent Needs services
1 did not request referrals outside of the agency, 1 received needed referrals
Both rated their experience with their services and their experience with their staff a 5 out of 5

Homeless surveys-no current data, staff have been trying to obtain both paper versions of surveys along with online versions.

Housing surveys-73 responses

96% felt their unit is decent and safe
15% are interested in learning about FSS
62% felt they have a good relationship with their landlord
62% state they keep their unit in good condition
62% have at least one person with a chronic illness
10 people have depression
7 people have asthma
6 people have arthritis
6 people have a mood disorder
4 people have COPD
2 people have cancer

Appendix D: Word maps from 2022 SWOT responses

Overall Strengths vs Overall Weaknesses



Overall Opportunities vs Overall Threats



Appendix E: 2025 Year in Review Infographic

NEK-CAP, Inc. community Action PARTNERSHIP

YEAR IN REVIEW

October 1, 2023 through September 30, 2024

Annual report with End of Year community & family impacts through services provided and funds utilized.

Counties Served:
Atchison, Brown, Doniphan, Jackson, Jefferson, Jewell, Leavenworth, Marshall, Mitchell, Nemaha, Osborne, Pottawatomie, Republic, Riley, Smith, Washington

11,236 Square miles covered

4 Program Focuses to link families with services:

Housing

Housing Choice Voucher (HCV)
Family Self-Sufficiency (FSS)
Tenant Based Rental Assistance (TBRA)

Early Childhood Education

Head Start Centers
Early Head Start

Community Services

Urgent Needs Services
Filling the Gap Food Distributions
Poverty & REALL Simulations
Homeless Assistance (ESG & CoC)
Community classes

Weatherization

Home weatherization
Energy efficiency
Home energy audits

NEK-CAP, Inc. Vision:
One by one all individuals, families, and communities become self-reliant.

NEK-CAP, Inc. Mission:
We provide comprehensive education and social services to low-income community members through collaborative partnerships focused on promoting the development of individuals and families, empowerment, and economic security.

FAMILY & INDIVIDUAL IMPACTS

Who did we work with? What did we do? Where did we do it?

Brown County
572 sq miles
9,532 people
14.4% poverty

Healthy Kids are School Ready

*413 Head Start & Early Head Start children completed physicals.

Of that number, 377 also brought immunizations (48.32%) to current status.

234 Head Start children 3-5 years old

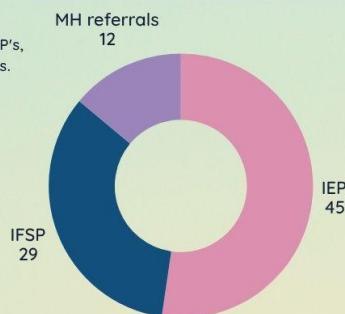
161 Early Head Start children 0-3 years old

18 pregnant mothers

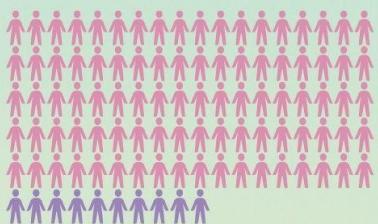
2,954 individuals served
990 families/households
1,683 females
1,271 males
1,558 children
115 people 65 or older
375 people with disabilities

Healthy Impacts to children/families

Total referrals for IEP's, IFSP's, and Mental Health Services.



Atchison County
435 sq miles
16,309 people
14.7% poverty



Jefferson County
557 sq miles
18,975 people
8.1% poverty

Jewell County
914 sq miles
2,929 people
12.1% poverty

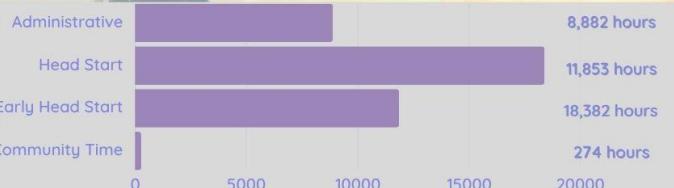
90% of HS/EHS children
are now current on vaccines



Doniphan County
397 sq miles
7,501 people
10.6% poverty

Volunteers and Donations

Add up!



871 items donated
in food, clothing,
space, furniture, etc
Value = \$17,229

Over 30,000 hours of volunteer
time, & items donated by
families and community
members!

Jackson County
685 sq miles
13,274 people
8.8% poverty

Value = over \$1,361,886

Republic County
720 sq miles
4,686 people
10.1% poverty



2024 KS Head Start Award Winners!!
Chloey Reno- Post Secondary Scholarship
Heartland Health Mobile Dental Clinic-Excellence in
Community Service Award
Kim Lackey-Administrator of the Year Award

Pottawatomie County
862 sq miles
25,482 people
7.4% poverty

Sources: NEK-CAP, Inc. CSBG End of Year services data 2023-2024; HS/EHS PIR Data 2023-2024.
Census SAIPE data released in 2023 for 2022 census information

FAMILY & INDIVIDUAL IMPACTS

Improved Nutrition for Children

● # Filling the Gap Totals

Jewell	33 children, 3552 pounds
Mitchell	14 children, 1792 pounds
Osborne	9 children, 448 pounds
Republic	29 children, 1568 pounds
Smith	11 children, 728 pounds
Washington	33 children, 2942 pounds

129 children
49 families
6 counties.



Osborne County
894 sq miles
3,493 people
13.8% poverty

Leavenworth County
468 sq miles
82,050 people
9.5% poverty

CACFP

Child & Adult Care Food Program.

Used to provide healthy meals/snacks to HS/EHS children

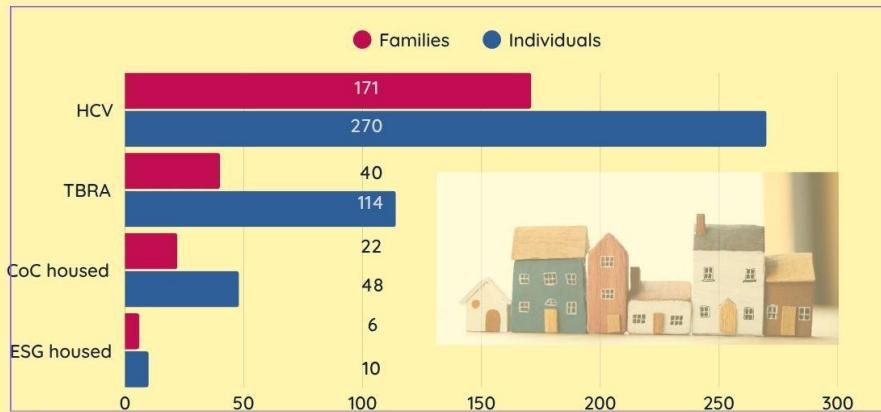
Children enrolled	226
EHS/HS Counties	9
Meals served	48,641

Washington County
899 sq miles
5,529 people
9.6% poverty

Safe, Affordable & Healthy Housing

Housing for families and individuals. All units pass inspections & meet HUD Fair Market Rent requirements

Rental Assistance-Finding Homes in our Communities



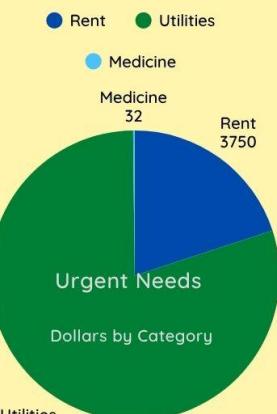
Nemaha County
719 sq miles
10,219 people
8.8% poverty

FSS-saving during housing, building income & education

25 Participants overall

19 people increased their wages
3 people earned & saved \$25,096 in Escrow

3 people graduated FSS with \$9,058 in Escrow savings paid out



Marshall County
904 sq miles
10,014 people
10.7% poverty

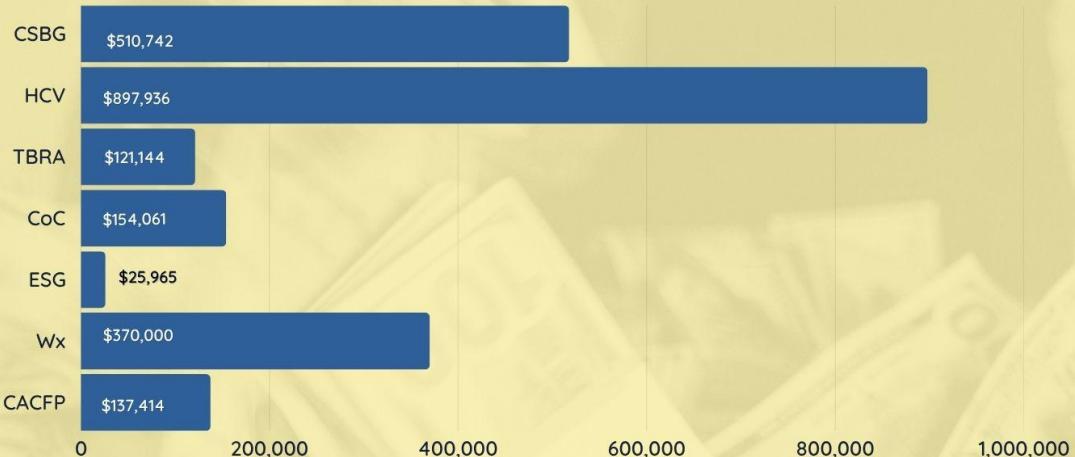
Riley County
622 sq miles
72,105 people
20.2% poverty

Sources: NEK-CAP, Inc. CSBG End of Year services data 2023-2024; HS/EHS PIR Data 2023-2024, Census SAPE data released in 2023 for 2022 census information

AGENCY SUMMARY

Fiscal Matters

Federally Funded Grants and Programs End of Year Reported Expenses



2024 Board of Directors:

James Scherer, President

Ben Romney, 1st Vice President

Frank Forrester, 2nd Vice President

Rhonda Mitchell, Secretary

Eric Noll, Treasurer

Dan Brenner, Member at Large

Brittany DeBarge

Kylee Powell

Keith Williams

Mark Rounds

Vicky Kaaz

Laurie Neeman

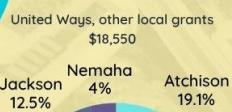
Thank you,
Board Members for
your Time!

Local Foundation Match Day Donations

\$4,774



Local Grants & Donations for Local Supports



Connect with Us!!

Find us on Social Media!



Instagram



Executive Director's Note

On behalf of our fellow community members provided with services through NEK-CAP, Inc.'s key programs during the past year, I thank our funders - Department of Health and Human Services; Department of Housing and Urban Development; Kansas Housing Resources Corporation; Kansas Department of Education; Kaw Valley United Way; Atchison United Way; Konza United Way; KU Medical Center Department of Family Medicine; Hiawatha Community Foundation; Doniphan County Community Foundation; and private donors.

I also thank the NEK-CAP, Inc., tripartite Board of Directors; Early Head Start/Head Start Policy Council; the Early Head Start/Head Start Health Advisory Committee; the Family Self Sufficiency Program Coordinating Committee; the LHEAT Committee; and all other volunteers, business and community partners for your support of the agency's mission. Through our collective and collaborative efforts, we continued to address economic and social barriers impacting the human, social and economic capitals of low-income individuals and families and worked toward the shared goals of increasing economic stability and upward mobility opportunities.

I invite you to continue joining NEK-CAP, inc., in our fulfillment of the Promise of Community Action- "Community Action changes people's lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other."

Jeanette Collier

Executive Director

